



Allscripts and MyCareTeam Launch Integrated Diabetes Management Solution

February 21, 2012

New "App" engages patients to improve quality of care for diabetes, one of the most common, costly and preventable chronic conditions in the US

Empowers patients to securely share blood glucose readings, vitals, caloric intake and exercise information with care providers

App enables efficient Population Health Management

LAS VEGAS, Feb. 21, 2012 /PRNewswire/ -- From the floor of the HIMSS12 Annual Conference and Exhibition, [Allscripts](#) and [MyCareTeam](#) (MCT) launched their integrated diabetes management system to healthcare providers. Integrating the MyCareTeam application with Allscripts Enterprise EHR™ is enabling patients and providers to collaborate to better manage diabetes between visits and in the office.

(Logo: <http://photos.prnewswire.com/prnh/20100901/CG58147LOGO>)

UMass Memorial Health Care, the clinical partner of the University of Massachusetts Medical School, was the first hospital to use the integrated system, and a second implementation is now underway at University of South Florida (USF) Diabetes Center in Tampa.

"To put it in perspective, if statistics hold true, more than 12,000 of the 35,000 attendees at HIMSS this year are pre-diabetic or have diabetes," said Glen Tullman, Allscripts Chief Executive Officer, who has served on the International Board of Directors of the Juvenile Diabetes Research Foundation (JDRF) since 2007. "Nationally, diabetes affects 25.8 million people, an astonishing number. Managing a population of this size at the national level requires a truly connected community of health – one that both engages patients in self-management and uses remote health monitoring by a care team. At Allscripts, we are committed to an open technology platform that encourages innovative solutions, like this app from MyCareTeam, and drives better outcomes at a reduced cost."

Patients use MCT-Clinical for Diabetes, a software platform that is integrated with Allscripts Electronic Health Record™, to regularly transmit their blood glucose readings directly from their glucose meters, along with blood pressure, weight, vital signs, caloric intake and exercise to a database via the Internet. With the Allscripts integration, this data automatically connects to the Allscripts Enterprise EHR, and can create user-defined alerts that are routed to a diabetes educator, a care manager, a nurse, the patient's primary care physician or, if serious enough, an endocrinologist. This process facilitates remote monitoring and coaching, increases user compliance with protocols, and most important, based on early results from UMass and other studies, reduces hospitalizations.

"Caring for patients with chronic diseases is an ever-increasing burden to our healthcare system and a tremendous source of costs," said Jim Mingle, MyCareTeam's Chief Executive Officer. "Integrating the MyCareTeam clinical app with Allscripts Electronic Health Record was easy to do given their open platform and is already enabling providers and patients to communicate more effectively between – and avoid unnecessary – office visits."

The integrated system also has the potential to assist patients in managing other chronic diseases such as weight management, blood pressure and in the future, asthma.

UMass Memorial Achieves Significant Improvements

With more than 2,700 patients enrolled in the first six months and a plan to roll out to all its diabetic patients, the UMass Memorial diabetes care team has noted significant improvements as a result of the system in patient flow, greater efficiencies within the clinic, and better collaboration among an interdisciplinary team of primary care providers, nutritionists, endocrinologists, diabetes educators and family members.

"We are rapidly increasing patient enrollment and have recently expanded our roll-out to an additional 200 providers," said Dr. David Harlan, co-director of the UMass Diabetes Center of Excellence and former Diabetes Branch Chief for the intramural research program as the National Institute of Diabetes and Digestive and Kidney Diseases. "If our initial accomplishments are any indication, we are excited to build on the efficiencies and outcome improvements this will bring. The EHR integration makes remote monitoring of our diabetes patients part of our routine workday, which revolutionizes the way we care for our patients."

"My HbA1c levels were always pretty good, but they've dropped below 6 since I started using this system," said Joseph Skrzek, a 25-year-old UMass patient. "It helps me to be better at treating myself. I now test my blood sugars six or seven times per day and use the system to sync my glucose numbers with what I ate and how much I exercised. I like the accountability of knowing my care provider is remotely monitoring my health on a consistent basis, not just once every 6 months."

USF Diabetes Center Will Use System to Gather, Analyze Data

Implementing this technology is part of USF Diabetes Center's bold initiative to fight diabetes on every front – from education and research to family-centered care.

"USF Diabetes Center is partnering with Allscripts and MyCareTeam to build a true and constant connection between our caregivers and our patients," said Henry Rodriguez, clinical director of the USF Diabetes Center, who was recently appointed to the American Diabetes Association's Board of Directors. "Not only does the system foster patient self-management, it enables us to gather and analyze clinical data, which is critical to our success in the fight against diabetes."

See the Integrated System in Action at HIMSS

To observe the integrated system in clinical practice, attend one of the HIMSS Theater presentations at Allscripts booth 3016. Presentation times are

Tuesday, Feb. 21, at 3 p.m. Pacific Time and Wednesday, Feb. 22, at 10 a.m. Pacific Time.

A UMass diabetes patient will demonstrate use of the online tool, a clinician will demonstrate how MyCareTeam integrates within the Allscripts Enterprise EHR and Allscripts Chief Medical Officer, Doug Gentile MD, will discuss how other clients can take advantage of the open platform and review this successful collaboration.

Get Connected with Allscripts at HIMSS

Visit [It Takes A Community: The Allscripts Blog](#) to discuss the conference or stop by the Allscripts booth #3016. Follow us on Twitter: @Allscripts or #HIMSS12.

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[Allscripts](#) (NASDAQ: MDRX) delivers the insights that healthcare providers require to generate world-class outcomes. The company's Electronic Health Record, practice management and other clinical, revenue cycle, connectivity and information solutions create a *Connected Community of Health™* for physicians, hospitals and post-acute organizations. To learn more about Allscripts, please visit www.allscripts.com, [Twitter](#), [Facebook](#) and [YouTube](#).

Forward-Looking Statements

This press release contains forward-looking statements within the meaning of the federal securities laws. Statements regarding future events or developments, our future performance, as well as management's expectations, beliefs, intentions, plans, estimates or projections relating to the future are forward-looking statements with the meaning of these laws. These forward-looking statements are subject to a number of risks and uncertainties, some of which are outlined below. As a result, no assurances can be given that any of the events anticipated by the forward-looking statements will transpire or occur, or if any of them do so, what impact they will have on our results of operations or financial condition. Such risks, uncertainties and other factors include, among other things: the possibility that the expected synergies, efficiencies and cost savings of the merger with Eclipsys Corporation ("Eclipsys") will not be realized, or will not be realized within the expected time period; potential difficulties or delays in achieving platform and product integration and the connection and movement of data among hospitals, physicians, patients and others; the risk that the Allscripts and Eclipsys businesses will not be integrated successfully; competition within the industries in which we operate; failure to achieve certification under the Health Information Technology for Economic and Clinical Health Act could result in increased development costs, a breach of some customer obligations and could put us at a competitive disadvantage in the marketplace; the volume and timing of systems sales and installations, the length of sales cycles and the installation process and the possibility that our products will not achieve or sustain market acceptance; the timing, cost and success or failure of new product and service introductions, development and product upgrade releases; competitive pressures including product offerings, pricing and promotional activities; our ability to establish and maintain strategic relationships; undetected errors or similar problems in our software products; the outcome of any legal proceeding that has been or may be instituted against us; compliance with existing laws, regulations and industry initiatives and future changes in laws or regulations in the healthcare industry, including possible regulation of our software by the U.S. Food and Drug Administration; the possibility of product-related liabilities; our ability to attract and retain qualified personnel; the implementation and speed of acceptance of the electronic record provisions of the American Recovery and Reinvestment Act of 2009; maintaining our intellectual property rights and litigation involving intellectual property rights; risks related to third-party suppliers and our ability to obtain, use or successfully integrate third-party licensed technology; and breach of our security by third parties. See our Annual Report on Form 10-KT for the seven months ended December 31, 2010 and other public filings with the SEC for a further discussion of these and other risks and uncertainties applicable to our business. The statements herein speak only as of their date and we undertake no duty to update any forward-looking statement whether as a result of new information, future events or changes in expectations.

SOURCE Allscripts Healthcare Solutions, Inc.

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